POSITIVE BEHAVIOUR LEARNING FOCUS
PBL encourages positive behaviour from students, which has been shown to improve their self-concept and motivation to learn. The focus for next term will be

District Athletics Carnival
Congratulations to all of the students who qualified for the Districts Athletics Carnival. Everyone had a great day and tried hard. A special congratulations to Jasmin Seko who came second in the 12 years 800m race and to Tayla Russell, Mia Nikua, Maria Chrisanth and Aaliyah Nikua who came third in the Junior Girls Relay.

Premier’s Spelling Bee
Pujya Maharaj represented St Clair at the District Finals last Thursday at Werrington County PS.

PSSA AFL News
I would like to congratulate our PSSA AFL players and thank Ms Young for her excellent coaching and management of the teams. Our Senior AFL team were Joint Winners with Clairgate and our Junior AFL team won the competition. Well done! Also a big thank you to the parents who attended the games or shared the washing of jerseys.

Kindergarten Excursion
I am so proud of our students, and especially when on excursions. The staff from Calmsley Hill make special comment on how well behaved our students were when they visited the farm last Friday. Our Kindergarten showed wonderful behaviour and engaged in all of the activities. Photos pages 16 & 17.

Stage 2 Excursion
Our Stage 2 students had a wonderful sunny day in the city looking at historic buildings and visiting the Museum of Sydney. These students also demonstrated excellent behaviour and made us all proud. Photos page 6.

Judy Loader Principal
| Class 1 | Victor Castiglioni | Angelina Gardner |
| Class 3 | Hayley Dowds | Levi Hall |
| Class 4 | Tyrese Coban | Maison Simmonds-Roberts |
| Class 5 | Brodie Zeall | Luis Contreras Villajuan |
| Class 6 | Zahra Mehdi | Amara Wright |
| Class 7 | Mason Sultana | Andrew Ashton |
| Class 8 | Angus Mc Ardle | Tyler Shaw |
| Class 9 | Rathushaan Mural edaran | Shae Stevens |
| Class 10 | Jack Woods | Johannes Morales |
| Class 11 | Keely Loeckenhoff | Katrina Elias |
| Class 12 | Tayla Russell | Elise Harrison |
| Class 13 | Harshiv Sharma | Hailey Shaw |
| Class 14 | Addison Shaw | Anabel Fratti-Greenlees |
| Class 15 | Dominic Gardner | Aarran Robertson |
| Class 16 | Andrew Babikr | Anthony Elia |
| Class 18 | Flynn Dalrymple | Mia Wierzbicki |

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**Debating News**

Congratulations to our wonderful debating team who defeated James Erskine Public School in their debate today. The team have now qualified for the Pool Finals which will be held in Term 4. A BIG thank you to Ms Delfs for her excellent coaching of the team.

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**For trading 5 Mini Merit Awards**

Kayley Mitrovic, Dakota Ross, Hayden Morgan, Shae Stevens, Jamie Jackson, Phillip Nguyen, Jean-Marcel Bergerot
Panthers Eat Well, Play Well, Stay Well Awards

<table>
<thead>
<tr>
<th>Kindergarten</th>
<th>Cooper Jarvis</th>
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<tr>
<td>Year 1</td>
<td>Rochelle Chammas</td>
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<tr>
<td></td>
<td>Brayden Sultana</td>
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<td>Year 2</td>
<td>Sophia Clark</td>
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<td>Year 3</td>
<td>Kyle Pollard</td>
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<td>Year 4</td>
<td>Qiyara Young-Ngaha</td>
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<td>Year 5</td>
<td>Madison Berrier</td>
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<tr>
<td>Year 6</td>
<td>Bella Lemafua</td>
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Murder Under the Microscope

The 'St Clair Super Sleuths' were a hand-picked team of students from Classes 1 and 3. They were Pujya, Eddie, Lilianah, Calinda, Russell, Zachary and Zuzanna. The children worked very hard in PA2 during a designated Tuesday/Wednesday timeslot each week to research their 3 x Eco-Successes, 3 x Eco-Disasters and final 'Solve the Mystery' task. They completed and submitted all online tasks with little/no assistance from Miss Gilbert and worked well as a team to make sense of the challenging clues and hints.

After checking the online results, they answered 1 out of 3 'Eco-Successes' correctly and 1 out of 3 'Eco-Disasters' correctly. Unfortunately, they did not crack the final 'Solve the Mystery' case, however, they attempted and submitted answers for all 7 quizzes, on which they are to be commended. Well done Super Sleuths!

Book Character Parade, Grandparents Day and Art Sale!

St Clair Public School invites all Grandparents (and any other family or friends) to attend the school on Tuesday 13th October.

What's Happening on the Day?

* Book Character Parade - This will begin at 9:45am and be held in the hall and on the bottom hard court (weather permitting).

* Art Sale - Students will create a piece of art that will be on display in the hall. At the end of the parade, family and friends are invited to purchase their child's art. Money raised will help purchase wooden 'Friendship' benches for the students to enjoy on the playground.

* Book Sale - Mrs Burke will have a selection of books to sell for those interested. These books will be available for purchase from 9:00am.

* Morning Tea - Pack some morning tea and enjoy spending recess with your children!
Learning Potential

Learning Potential is an Australian Government free App which is helping parents to be more involved in their child's learning, from the high chair to high school. Learning Potential has lots of useful tips and ideas to help you make the most of those small opportunities in your busy day. There are tips for the Early Years, as your child's learning begins well before they start school. There are tips for Primary School which is an important stage in your child's education and tips for High School which can be a challenging time for teens and parents. Find out more from: http://www.learningpotential.gov.au

St Marys RSL Sub-Branch

Students and families are invited to attend the RSL’s Commemorative Services in November. The first will be held on Sunday 8th November at 9am in Victoria Park, St Marys and will be followed by a breakfast in the Park. The purpose of this special event is to acknowledge the Coo-ee March Re-enactment and the Centenary of the 515kms WW1 Recruitment march from Gilgandra to Sydney in 1915, where 26 volunteers commenced and 263 completed it in Sydney.

The second event is the Annual Remembrance Day Service which will be held at the Guns Memorial at St Marys RSL Club, at 10.40am on Wednesday 11th November. Light refreshments will be provided in the RSL Club auditorium immediately following the Service. The School Leaders will be attending this service and parents are invited to join us there.

<table>
<thead>
<tr>
<th>Kindergarten 2016 Transition Program</th>
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<tbody>
<tr>
<td>Friday 16 Oct 9-11am</td>
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<td>Friday 23 Oct 9-11am</td>
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<td>Friday 30 Oct 9-11am</td>
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<td>Friday 6 Nov 9-11am</td>
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<td>Friday 13 Nov 9-11am</td>
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Have Your Say

We are currently asking parents to contribute to the Partners in Learning (PIL) Parent survey as part of our whole school evaluation and future learning needs of our students. Parents who have supplied their email address to the school have had the survey link sent directly to them. If you wish to contribute to the survey go to https://nsw.tellthemfromme.com/jacegi_security_check?j_username=parent17255&j_password=St4531

Please copy and paste the link into your internet browser. This will ensure the survey launches directly to page one of the survey. Survey closes 16 October 2015

Enrol now for Kindergarten 2016

Call into the Office or phone the school for an enrolment application.
P&C News

Fundraising

All P&C fundraising this year will be going towards assisting our school purchase Ipads. Your help makes a huge difference to our school.

Congratulations to Class 1 who won this year’s 5 cent drive, raising an amazing $258.40. Class 1 had their class party on Tuesday and enjoyed pizza and soft drink. The total raised from this drive was $1369. Thank you to everyone within the school community who generously donated 5 cent pieces. It really is amazing how those little coins add up.

Christmas Disco – We are planning to hold a Christmas disco late in Term 4 with the date yet to be confirmed. Get ready to dress up in your favourite Christmas clothes and put on those dancing shoes.

*We would like to wish everyone a happy holiday break – students return to school on Tuesday 6th October.*

Canteen

**Important Notice:** The canteen is closed on Wednesdays until further notice – this means NO lunch orders are available.

The canteen is still in need of more volunteers to help out. If you can help in any way, please contact Kim Burrell on our canteen phone on 0455 098 523 or you can enquire at the school office. Just one day per month is all we need – remember the old saying – “Many hands make light work”.

Fundraising Events still to come

Term 4 – Christmas Disco (date TBC)

Next Meeting: Tuesday 13th October 2015 7.00pm in the staffroom – everyone is welcome to attend

Future Meetings

Tuesday 13th October and Tuesday 24th November

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**ST MARYS CLINIC**

**PLEASE NOTE THE CLINIC HAS MOVED TO**

**Date:** Monday 28 and Tuesday 29 September

**Venue:** Cook Park, Wilson St, St Marys

**Time:** 9am to 12pm (both days)

**Age:** Girls 8 to 15

**Cost:** $45.00

**Program number:** 0073770

**Book now Ph:** 131302


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**GIRLS SOCCER DEVELOPMENT CLINIC**

Come and learn some tricks from W-League and Australian representative players and work on your skills these school holidays.

These clinics will boost your knowledge of football (soccer) and develop your ability. Drills sessions will focus on development your kicking, passing, defending, attacking, heading and shooting and team work skills.

The clinics will be conducted by a selection of the following W-League players:

- **Melissa Caceres:** Sydney FC player having represented the Australian under-20 side
- **Rhianna Pollicina:** Western Sydney Wanderers player and former Australian under-17s team
- **Olivia Price:** Sydney FC player and current Captain of Australian Matildas under-20s team
- ** Lorena Bugden:** Western Sydney Wanderers player and former NSW Girls All Schools who has also played in Spain
- ** Renee Rollason:** Sydney FC player and most W-League appearances from current players; Game Development Officer for Football NSW
- ** Amy Harrison:** Sydney FC player and current Australian Young Matildas captain; W-League Young Player of the Year 2014/15.

Note: You’re welcome to take selfies with the W-League players and obtain their autographs upon completion of the clinic!
Stage 2 Camp – City Excursion
Stage 2 Camp
“The Block”
School Activities
FUN SCHOOL HOLIDAY PROGRAM FOR BEGINNERS

FOR: 5-14 year old boys and girls (no experience necessary)
WHEN: Tuesday 22nd September and Wednesday 23rd September 2015
TIME: 9.30am – 11.30am
WHERE: UWS Kingswood Campus, O’Connell St Kingswood
COST: $45.00 (price includes Stick, ball, shin pads, mouth guard, shirt and tuition)
REGISTRATION: http://hookin2hockey.hockey.org.au/Find-a-Club

Enter location Penrith, then click on Nepean Hockey Association, registration, then follow prompts

Remember to mention St Clair Public School when shopping at AMART so the school receives the reward points.

FUN & FITNESS AT Mount Druitt Swimming Centre

MONDAY 11.00am
Aqua Exercise
Included with Centre admission

WEDNESDAY 11.00am
Aqua Exercise
Included with Centre admission

Aqua Exercise
This fun, low-impact aqua exercise class is suitable for all fitness levels.

Aqua Zumba®
Aqua Zumba® is a fun, low-impact aqua exercise class. Suitable for all fitness levels.

Saturdays 8.00am
Fast Track to Summer Boot Camp
$79.20 for 6 weeks or $132.20 per class

Saturdays 9.30am
Aqua Zumba
Included with Centre admission

Mount Druitt Swimming Centre
Aqua 90s Mount Druitt NSW 2777
www.mountdruittswimming.com.au
(02) 9725 6300

The simplest way

to add fruit at breakfast time

It’s easy to get a serve of fruit in at breakfast. This weekend, why don’t you spend some time making some fruit salad? The whole family will love it.

They’re easy and healthy and contain a serve of fruit.

Ingredients
2 eggs, 1 tbsp honey, 2 ½ cups low-fat milk, 3 ripe bananas sliced, 2 cups self-raising flour, 2 tbsp sugar, 2 tsp margarine melted, 3 medium apples, peeled, cored and grated

Method
In a large bowl beat eggs, margarine and milk. In a separate bowl mix flour and sugar, stir into wet mixture until smooth. Heat oil in a pan over medium heat. Add 2-3 tablespoons of mixture, stir until browned on both sides.

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

The Eat It To Beat It programme is supported by the Nepean Blue Mountains Local Health District. Use this meal at school program.
School Holiday Hands-on Science Program ROCKET WORKSHOP
Thursday 24 September 10 am – 12 noon
Lots of fun for kids of all ages. Make and launch your own paper rocket and watch water rockets being launched. The program will also include a short presentation, a 3D astronomy movie and SAFE and detailed viewing of the sun through our telescopes (weather permitting). Cost $15 child/adult

Astronomy Night
Saturday 26 September 7 pm – 10 pm
CHECKING OUT OUR NEIGHBOURS
A close up look at our solar system with some the latest news about Pluto.
The evening will also include a 3D astronomy movie, a tour of the dome area and an opportunity to view the night sky through the observatory’s telescopes

School Holiday Hands-on Science Program ROCKET WORKSHOP
Thursday 1 October 10 am – 12 noon
Lots of fun for kids of all ages. Make and launch your own paper rocket and watch water rockets being launched. The program will also include a short presentation, a 3D astronomy movie and SAFE and detailed viewing of the sun through our telescopes (weather permitting). Cost $15

Astronomy Night THE LIVES OF STARS
Saturday 3 October 7 pm – 9 pm
How do stars form and what happens when they die?
The night will include a 3D astronomy movie, a tour of the dome area and an opportunity to view the night sky through the observatory’s telescopes.

Astronomy Night: Cost: $18 adult, $12 child/concession and $50 family
Workshops: $15 per child/adult Book and pay online: westernsydney.edu.au/observatory, What’s On Contact: Tel: (02)4736 0135 Email: penrithobservatory@westernsydney.edu.au westernsydney.edu.au/observatory
Parenting Groups and Workshops
Term 4, 2015

Having one of those days? Tired of yelling at the kids? Or just want to know more?
FREE practical tips for everyday parenting

Parenting In Penrith (facebook)
Hands, Hearts and Minds (wordpress)
Hands, Hearts & Minds (pinterest)

ACTIVITY
Triple P Parent group (Positive Parenting Program) for parents of 2 to 12 year-olds
Teen Triple P parent group (Positive Parenting Program) for parents of teens (12 to 16 years)
Stepping Stones Triple P seminars for parents of children with disabilities
Cool Little Kids for parents of shy or anxious children
Special Playtime for parents of children aged 1 to 7 years

DAY, DATE & TIME
Tuesdays
3 sessions
27th October to 24th November
10am to 12:15pm

Wednesdays
5 sessions
21st October to 18th November
10am to 12:15pm

Fridays
3 seminars
23rd October - 30th October - 6th November
10am to 12pm

Thursdays
4 sessions
22nd October to 12th November
10am to 12pm

ACTIVITY
ADHD information workshop for parents who want to know more about ADD, ADHD, ODD
ADHD Parent Support Group for parents who have a primary diagnosis of ADD, ADHD, ODD

DAY, DATE & TIME
Friday
16th October
10am to 12pm

19th October
16th November
21st December
7:30pm to 9:30pm

LOCATION
Kooranygarra corner of Kingston Place & Peddock Way, Cranebrook
Werrington
71 Henry Leason Ave
South Penrith Neighbourhood Centre
3 Trevist St
Floribunda Community Centre, 1 Floribunda Ave, Glenmore Park
South Penrith Neighbourhood Centre
3 Trevist St

Can't get to our Triple P group? Community Health in Penrith runs Triple P at night (phone 1800 222600). Or you can do Triple P Online for the cost of $50. You can also look up the Reaching Parents website (www.reachingparents.nsw.gov.au) for other parenting activities throughout NSW.

BY APPOINTMENT (Daytime only)

Triple P (Positive Parenting Program)
- Stepping Stones—Primary Care for parents who have a child with a disability
- Parent Traps
- Coping with your anger
- Partner Support
- Coping skills for parents who need extra support after completing Triple P
- Disaster Recovery for parents who are needing parenting support after a natural disaster
- Family Transitions (separation & divorce) for parents who are experiencing parenting challenges associated with separation and divorce. Cost: $45 for the workbook & CD

Contact Details
Narelle Smith
Family Worker
Mobile Phone: 0409 986121
Centre: 4721 8529
Email: Narelle@nepeancommunity.org.au

Bookings
Bookings are essential for all groups, seminars, or workshops. All groups, seminars, workshops are free unless there is a cost for workbooks and this will be stated.

If you register for a group, and then are not able to attend, please contact us to let us know that you are not coming, particularly if you have booked your child for childminding. We often have a waiting list for groups and when you do not attend, you deprive another parent of coming to the group.

For those parents who are currently not caring for their children and have a FACS caseworker, a referral will need to be made through the caseworker.


Refreshments
Tea and coffee provided. Please bring your own snacks. Most of the groups do not have a scheduled break.

Child minding
Child minding is available for some groups. Bookings are essential to ensure we have the correct carer-to-child ratio. Child minding services are provided by Care Fair and/ or Nepean Community & Neighbourhood Services.

Please bring snacks, lunch, and drink bottle for your child (no peanut products please). Please dress your child in play clothes and sturdy shoes. Please bring a hat and nappies. And label everything. Parents are responsible for toiletting or changing their child.

Transport
All venues have parking available. The venues are also accessible by public transport—please ask for more information when booking your place.
Kids Holiday Workshops  October School Holidays
in Lewers Learning Centre, Penrith Regional Gallery

Tuesday 22 September
- Bamboo & Bear Chinese Brush Painting Workshop - 10am – 12noon, 5-8 yrs - $25

Wednesday 23 September
- Clay Landscape Workshop - 10am – 12noon, 9-12 yrs - $25

Thursday 24 September
- Statement Jewellery Pieces Workshop 10am – 12noon, 7-10 yrs - $25

Friday 25 September
- Headdress & Shield Workshop - 10am – 11am, 3-6 yrs - $12 per child, adults don’t pay but must stay

Tuesday 29 September
- Paint & Weave Cactus Workshop - 10am – 12noon, 5-8 yrs - $25

Wednesday 30 September
- Garden Bugs Drawing Workshop - 10am – 12noon, 6-9 yrs - $25

Friday 2 October
- 5 Senses - 5 Stations Family Workshop - 10.30am – 12noon - $16 per child, adults don’t pay but must stay

All materials supplied for workshops and wear clothes suitable for a workshop environment and bring a snack.

Bookings and pre payment essential
Pay by credit card over the phone. P 02 4735 1100 - 86 River Road Emu Plains, penrithregionalgallery.org
E gallery@penrithcity.nsw.gov.au

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Holiday Activities @ Your Library
Penrith City Library
School Holiday Program

Henna Workshop - $12 Tuesday 22 Sept For 10 to 15 year olds
Archibald - Awesome Circus Musical - $5 Wednesday 23 Sept For the whole family
Stage Crazy Drama workshop $15 Wednesday 23 Sept For 5 to 125 year olds
Cartoon Animals $15 Thursday 24 Sept For 5 to 125 year olds
Making Up Manga $15 Thursday 24 Sept For 6 to 10 year olds
Junior Robots Workshop $30 Tuesday 29 Sept For 11 to 14 year olds
Mime and Magic Show $5 Wednesday 30 Sept For the whole family
Embroidery workshop - $10 Thursday 1 Oct For 7 to 13 year olds

For Tickets: ph 4732 7891 or visit Penrith Library

St Clair Library -
Art Workshop Free Saturday 26 Sept For 6 to 12 year olds
Collect tickets from St Clair Library

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Mount Druitt Swimming Centre

Starts from the 6th October
Register your interest for learn to swim in the link below and please select Mount Druitt Swimming Centre as your preferred centre.
Once registered, staff will be in contact with you to organise an assessment for your child/children.

We are calling all creative amateur photographers to get out into our natural environment and submit a photograph that captures what this theme means to you.

THERE ARE THREE CATEGORIES:
- Open (over 18 Years)
- Youth (12-18 Years)
- Kids (Under 12)

The competition is open to all Penrith City residents and there are more than $1300 in prizes to be won.

Each person can submit up to 3 entries.
Visit penrithcity.nsw.gov.au/PhotoComp for the entry form and terms and conditions.
Entries close Monday 26 October 2015.

PROTECT OUR WATERWAYS
PENRITH CITY COUNCIL

FREE PHOTOGRAPHY WORKSHOP
Come to a FREE outdoor photography workshop to hone your artistic skills. Bookings for the workshop are essential as places are limited.

WHEN:
10 October at 10am
WHERE:
Regatta Park
Emu Plains

BOOKINGS ESSENTIAL:
4732 8055 or
photocomp@penrithcity.nsw.gov.au

For updates follow:
@perrithcouncil on Twitter
‘Like’ facebook.com/perrithishere

SWIMMERS WANTED

Kids’ fishing workshop

Kids 8-14 years old are invited to come and learn to fish safely and responsibly. Instructors are experienced volunteers and staff from the Department of Primary Industries.

The day runs from 10 am to 2 pm and involves fishing techniques, bag and size limits, and fish handling for local rec emphasized.

COST is $40 PER CHILD, and includes:
- rod and reel combination
- shirt
- hat
- tackle box
- show bag—all to take home!

BOOKINGS ARE ESSENTIAL.
Maximum 25 participants.

2015/2016 SUMMER SEASON
STARTING FROM SEPTEMBER 22ND

MT DRUITT HEATED POOL

8-18 YRS OLD

CONTACT TONY - 0419 247 619
FAMILY FUN DAY

2nd OCTOBER 2015

COME ALONG FOR A LOOK AT AUSTRALIA’S FIRST AND OLDEST PARLIAMENT HOUSE

NO NEED TO BOOK
ALL WELCOME!
10:00 AM - 3:00 PM

MACQUARIE ST. SYDNEY
www.parliament.nsw.gov.au
ENQUIRES: 02 9230 2047

FUN ACTIVITIES
FOR THE WHOLE FAMILY INCLUDING:

- PHOTO AND DRESS-UP OPPORTUNITIES
- TOURS OF THE LEGISLATIVE CHAMBERS
- MYSTERY OBJECT GUESSING COMPETITION
- SAUSAGE SIZZLE (MINIMUM CHARGE)
- ROVING HISTORICAL CHARACTERS
- ART AND OTHER DISPLAYS

FREE ENTRY

NEWSLETTER NUMBER 15 2015

ADHD workshop
FREE

for parents who want to know more about ADD/ADHD/ODD

A one-hour seminar on:
  - What is ADD/ADHD/ODD
  - Treatment
  - Interventions

Followed by an hour of discussion and questions.

Special guest: Janine Boggs, a parent of four children with ADHD.

To book your place
Phone: Narelle on 47210520 or 0409986121
Email: narelle@nepeancommunity.org.au

NCNS
Nepean Community & Neighbourhood Services
RESPECT. RESILIENCE. RECONCILIATION.
www.nepeancommunity.org.au

GIANTS HOLIDAY CAMP

PENRITH
Tuesday 22nd September
10.00am – 2.00pm
Dukes Oval
Emu Plains

AFL NSW/ACT & GWS GIANTS would like to invite all boys and girls aged 4-12 to attend the AFL GIANTS Holiday Camp at Dukes Oval, Emu Plains.

For $30, children will:
  - Receive an AFL Fun Pack and Football
  - Free 2016 Junior GIANTS GMan Membership
  - Participate in skills & fun games.
  - Be provided with morning tea and lunch.
  - Meet G-MAN.

To register, please call 8967 7403 or email sophie.molloy@ aflswact.com.au.
Alternatively, registrations can be taken in person from 9.30am at the venue on the day of the camp.

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  - Meet G-MAN.

To register, please call 8967 7403 or email sophie.molloy@ aflswact.com.au.
Alternatively, registrations can be taken in person from 9.30am at the venue on the day of the camp.
The Very Hungry Caterpillar Show is a perfect school and preschool holiday entertainment for children aged six and under.

Performance Dates and Times
Thursday 24 September 10am, 12pm & 2.30pm
Friday 25 September 10am and 12pm
To book call The Joan’s Box Office on 4723-7600 or online at www.thejoan.com.au. Tickets are Adult $22, Child $18 (under 12), Family $72 (4 tickets, at least one adult). Groups are more than welcome – please contact Box Office.

Mums & Bubs
- Efficient 30min sessions
- Indoors
- Use a variety of equipment to lose weight and strengthen your body
- Have fun
- 3 x classes a week available

Book in now for Term 4.

originfitness.com.au 0410 630 669

Joan Sutherland Performing Arts Centre
Bookings: www.thejoan.com.au/school-holiday-workshops or 4723 7600
Tuesday 29 September
Series: ARTSTART (Ages 5-9) Cost: $25ea/$40 both
Series Description: A fun way to explore the world of Theatre our Workshop 1: Clowning Around Time: 10am-12pm (2hrs)
Workshop 2: Acting Out: Time: 12:30pm-2:30pm (2hrs)
Series: Actor’s Tool Kit (Ages 10-14) Cost: $25ea/$40 both
Series Description: Our Actor’s Tool Kit series is designed to equip young performers with essential performance skills.
Workshop 1: Build Your Own: Character: Time: 10am-12pm (2hrs)
Workshop 2: Build Your Own: Play: Time: 12:30pm-2:30pm (2hrs)
Wednesday 30 September
Series: Break-Through (Ages 15-18) Cost: Workshop only: $60 / Workshop + Ticket: $70
Series Description: Practical, insightful master classes designed with the emerging actor in mind.
Audition Master class: Time: 10am-2pm (4hrs)

SPRING SCHOOL HOLIDAYS GOLF CAMP
SRGC teaching professional Glen Haynes will be conducting golf camps for children in the Spring school holidays. Children will be supervised and can be left safely at the course. http://enews.miclub.com.au/images/stonecutters/School_Holidays_Spring_Break_Glen.0915_back_page.jpg or contact the pro shop on 9627 1816 or coaching@srgc.net.au.
The team at Lamrocks Solicitors has been helping people from across the Nepean and Blue Mountains region for over 100 years.

If you need advice or assistance with a legal issue, contact the experienced lawyers at Lamrocks for friendly, professional advice that offers real value-for-money.

Our office is conveniently located in Penrith, with parking outside the door, so you don’t have to travel into the city to get the best advice. Our professional staff are highly experienced in their chosen fields of law and can quickly identify the key issues in your matter, and how best to address them.

Please contact our friendly staff if you, or someone that you know, requires assistance with

Property & Conveyancing - Family Law
Compensation Law - Wills & Estates

Contributing to the community since 1882

Certificate II in Skills for Work and Training
(for Women Returning to Work) 10089NAT in 2015

Are you looking to get back into work or to change your work direction? This course offers you a unique opportunity to review your situation, assess your skills and your options and to work out a sustainable plan to get into the job of your choice. Decide what work suits you before you commit to costly training. Prepare for your new life in 2016!

Just enrol and turn up (or come along and we can help you) @ 9:30am
Room K 1 24
Kingswood, O'Connell St

Proposed Timetable

Full-time for 8 weeks – starting 6th Oct 2015
9:30 am to 2:30 pm, 3 days per week
@ Kingswood.
$320 and $80 conc. if eligible
Fee-Free Scholarships available

Enrol here

Contact: Liz Agars 92089416
Elizabeth.agars@tafensw.edu.au
Kindy Farm Excursion
Kindy Farm Excursion
Public Speaking Competition Finals

Year 3 Topic “What I Would Change!”
Kyle Pollard - presented “Endangered Animals – Poached Elephants”
Faran Ahmad - presented “Environmental Issues”
Jayanah Leuluso’o - presented “Technology Robs Us of Time”
Winner - Faith Gravina - presented “Oil and Water Don’t Mix - Pollution”

Year 4 Topic “An Australian Story”
Kallum Nash - presented “Julia Gillard”
Hannah Rutledge - presented “Bindi Irwin”
Amelia Morgan - presented “Ned Kelly”
Winner - Christina Pandelios - presented “Steve Irwin”

Year 5
Lilianah Martinez - presented “ANZAC Day”
Zachary Dimitrievski - presented “Best 5 Football Players Ever”
Winner - Calinda Surenne - presented “Most Interesting Facts”

Year 6
Johnny Towerton –presented “My Island home”
Eden Devonshire - presented “The Olympics”
Winner - Judyann Sabbagh - presented “The Pencil”

Please enter and win the school a Kitchen Kart

Hurry entries close Friday 25th September 2015.
Why is it important for children to have access to cooking facilities at their school?
Research shows children who help prepare meals eat significantly more vegetables than those who are not involved in cooking. Get Kids Cooking have partnered with Nestlé Healthy Active Kids and AIS to give parents and carers the opportunity to nominate their child’s school to win a Kitchen Kart (a portable kitchen and cooking lessons) valued at $25,000. The winning entry also receives $1000 cash to go towards keeping their family healthy and active! Simply ask parents and careers to visit the Healthy Active Kids website to enter your school.
Good Luck and Happy Cooking!
*** Full terms, conditions and entry form on the Nestle Healthy Active Kids website.
Spring has Sprung! Our kitchen focus for this week is on Spring vegetables. We have been finishing off our Winter greens, such as cabbage, coriander and broccolini. Now we have loads of fresh produce like snow peas, varieties of lettuce and colourful edible flowers and there will be many more vegetables ready to pick once everyone returns from the school holidays. We are looking forward to cooking our broad beans, carrots, beetroot, fennel and chard.

The Year 2 and 3 classes are starting to enjoy and bravely taste the vegetables we've been cooking in the kitchen. We all enjoy going outside, picking vegetables and seeing how they grow in the garden. It's great finding herbs and smelling the refreshing scent that is emitted, then going back into the kitchen and washing, preparing and cooking and last but not least, enjoying the meal together in the dining room.

One thing that stood out this week was our drink of rhubarb ice tea. Rather than baking something sweet (not that there's anything wrong with that), I searched for a new recipe to use our rhubarb in. Just simply boiling 6 cups of rhubarb stems, 10 cups of water, 1 1/2 cups of white sugar; cooling it down, straining it and chilling the liquid in the fridge, then adding mint as a garnish, you can create a refreshing drink for this snap of hot weather that we've been having for the past few days.

We also cooked our all-time favourite Molokhia soup. This dish shocks a lot of students, as well as volunteers, due to its strange colour but once rice is added, it is definitely a winner. There are always requests for seconds!

Time flies when you're having fun but everyone's looking forward to having a break for the next 2 weeks. Looking forward to cooking with all of you when we come back. Have a good break and a safe holiday.

Happy Cooking! Cazendra

If anyone wishes to make donations, we still need items such as cheese, butter, brown rice, plain flour and self-raising flour.

Thank you parents for contributing items we need for this program. Our Kitchen Garden program is always in need of further assistance from the parents, community and local businesses.
Spring has definitely sprung with the plum, apricot, and peach trees bursting into flower this week. The temperature in the garden has also risen rapidly, reaching 37 degrees on Monday! It’s time to roll out the shadecloth, put in the eyelets and hang it from our brand new poles! We’ve been watering and putting mulch over the garden in an attempt to keep it hydrated until I can get the shadecloth up - hopefully this week or at worst the first week in the holidays.

Some misty mornings have enhanced the beauty of the garden - look at the beautiful spider’s web beaded with mist. Every day is a voyage of discovery in the garden, watching plants through their cycle of production from flower to fruit to seed or decay, seeing different insects and birds, smelling the cool scent of mint or the robust smell of rosemary as I brush past, always busy with too much to do and too little time to do it!

Lots of jobs are ongoing, such as weeding, mulching, fertilising, watering, and some are periodical such as changing boxes over, pulling out old plants, starting new seedlings and most of them need to be done at this time. Two new boxes have been changed over in the last week, with quite a few more to do - thank you to those wonderful helpers who shovelled pebbles and old soil out, and helped refill the boxes with new mushroom compost. It's wonderful when the kids come running down with big smiles on their faces asking to help in the garden, and there is nearly always something they can help with.

The snowpeas are prolific at the moment, as is the lettuce, coriander, chard and silverbeet, some cabbages have been harvested, plus carrots, beetroot, shallots, rhubarb, spinach, celery, fennel, rocket, kohlrabi and kale. Seeds have been planted, and some climbing beans are coming up nicely as are the tomato and sunflower seeds. Hopefully the corn, broccoli, cucumber and zucchini seeds will sprout soon too. It is almost time to plant watermelon, rockmelon, blue corn, pumpkins and other summer crops.

Frogs are now in residence in the frog pond, as are some big tadpoles and water weed. Unfortunately the frogs and tadpoles are very good at hiding in the weeds so are very difficult to see, but hopefully soon they will feel safe enough to show themselves. The pond has been secured with bars, a large chain and padlock to ensure the safety of children and to protect the frogs from unwanted interference. Thanks again to Darren Wood for his excellent help.

Moolissa Clairabelle is now finished - painted, varnished and blinged up with gorgeous pink eyelashes and a pink ribbon with a cowbell! We were lucky enough to receive a donation of fake grass from Gofake Australia which was used to cover the base so Moolissa looks like she is standing on grass. Judging will take place in the first week of next term and after that, Moolissa will take pride of place in our front garden.

It’s been a hugely busy term and next term looks like being very busy too with lots of boxes needing replacing, "pencils" being painted and cemented in, and the long bed in the wild area needing complete revamping! A gardener’s work is never done.....but it's nearly always fun!

Until next time, happy gardening!

Juanita